

Escuela Americana



AFTER SCHOOL ACTIVITIES, CLUBS AND COMPETITIVE SPORTS Catalog

2018-2019



As part of our commitment in developing the Whole Child, Escuela Americana is pleased to offer a wide variety of recreational activities that take place on campus. Our After School Program seeks to offer students various experiences so they may develop new skills, reach their unique potential and most importantly, have fun!

This catalog lists each after school activity, club, recreational sport and competitive sport with a brief description. Please note that dates and times change every year.

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LOWER SCHOOL AFTER SCHOOL ACTIVITIES PROGRAM

The Lower School has a variety of club options that provide students with the opportunity to pursue new and fun interests to further their learning experience. Due to high interest in some activities and in order to give all students an opportunity, spaces are randomly drawn among all students who have signed up for the activity. A spot is guaranteed to at least one activity per student.

After School Activities Coordinator
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CLUBS

Science and Experiments Club*

For grades:

2nd, 3rd, 4th & 5th
(boys and girls)

Advisor:

Ivette de Molina

Days and Time:

2nd and 3rd grade:

Mondays and Wednesdays

4th and 5th grade:

Tuesdays and Thursdays from
3:00 to 4:00pm



Description:

The objective of the Science and Experiment Club is to encourage understanding about the natural world and scientific knowledge skills. By manipulation of science equipment and measurement instruments, students are able to explore the world of Science and therefore, strengthen their critical thinking skills.

*Students will be asked to bring some low cost materials for some experiments.

Robotics*

For grades:

4th and 5th (boys and girls)

Advisor:

Ivette de Molina

Days and Time:

Tuesdays (1st semester) and Thursdays
(2nd Semester) from 3:00 to 4:00 pm



Description:

Robotics Club will allow students to learn and develop “21st Century Skills”. Students will learn creative ways to solve problems and will have the chance to explore, innovate and collaborate in this club.

*Students will be asked to bring some low cost materials for some experiments.

Jazz*

For grades:

2th and 5th grade (girls)

Advisor:

Ana Raquel Posada

Days and Time:

Tuesdays and Thursdays, from 3:00 – 4:00pm



Description:

Jazz helps motivate students to develop their dancing skills, forging the values of discipline and perseverance. The benefits of jazz dance include increased strength, flexibility, coordination, balance and endurance, and most importantly, to have fun dancing!

*Materials: Costumes for the shows in December and June are paid by parents.

Creative Dance*

For grades:

1st and 2nd grade (girls)

Advisor:

To be announced

Days and Time:

Tuesdays and Thursdays, from 3:00 – 4:00pm



Description:

Creative Dance motivates students to experience dance as a universal language and artistic expression. Benefits include muscle strength, increased flexibility, balance, coordination and spatial awareness.

*Materials: Costumes for the shows in December and June are paid by parents.

Arts and Crafts*

For grades:

1st – 5th grade (boys and girls)

Advisor:

Clelia Osorio (1st – 2nd)

Roxana I. Muselli (3rd – 5th)

Days and Time:

1st grade: Tuesdays and Thursdays, 3:00 – 4:00pm

2nd grade: Mondays and Wednesdays, 3:00 – 4:00pm

3rd – 5th grade: Tuesdays and Thursdays, 3:00 – 4:00pm



Description:

Students work on their creative and fine motor skills by creating crafts with recycled and art material. Individual artistic expression is fomented so that students may express their imagination by creating different pieces. All work is exhibited at the end of each semester.

*Students may be asked to bring some low cost materials for some activities.

Sewing*

For grades:

2nd – 5th grade (girls)

Advisor:

Lucy de Orellana

Days and Time:

Tuesdays and Thursdays, 3:10 - 4:00 pm



Description:

Students will learn various sewing techniques from how to manage a needle, how to sew a button, to how to use yarn. Sewing helps fine motor, concentration and collaboration skills and in addition to, it helps reduce stress. Students will learn the importance of sewing for daily life. Around November, students will prepare a Christmas present using all the techniques learned in the club. During the second semester, students will learn how to use a table and will learn to sew scarves.

*Students may be asked to bring some low cost materials for some activities.

Homework Club

For grades:

1st – 5th (boys and girls)

Advisor:

Varies per grade

Days, Time and Location:

1st grade:

Mondays, Tuesdays, Wednesdays or Thursdays,
3:00 - 4:00 pm

2nd and 3rd grade:

Mondays, Tuesdays, Wednesdays or Thursdays,
3:00 - 4:00 pm

4th and 5th grade:

Mondays, Tuesdays, Wednesdays or Thursdays,
3:00 to 4:00 pm



Description:

During Homework Club, students get to work on their homework, writing, reading. The club helps students become independent and organized learners by helping them manage, plan and complete their work before any other afternoon activity. Students can work collaboratively and quietly. They are able to seek support from their peers and teacher. Help is provided to those students who need reinforcement with specific skills like reading and writing.

Choir

For grades:

2nd – 5th grade (boys and girls)

Advisor:

Miguel Ramírez

Days and Time:

Tuesdays and Thursday mornings
from 7:10 am to 7:40 am



Description:

The Choir Club participates in school assemblies and in the annual Bicultural Arts Festival held at Teatro Presidente where students represent our school. Each class starts with a short vocal warm and then students focus to practice repertoire. The benefits of singing in a choir include memorization and spatial-temporal skills.

Guitar

For grades:

2nd – 5th grade (boys and girls)

Advisor:

Miguel Ramírez

Days and Time:

Mondays and Wednesdays mornings,
7:10 am - 7:40 am



Description:

Students learn to tune guitars. They will be able to play melodies and songs at a medium level. Guitar students provide recitals in two occasions. In the first semester, they will play a melody together with keyboards and choir. In the second semester, students will play guitar solos.

Keyboard

For grades:

2nd– 5th grade (boys and girls)

Advisor:

Miguel Ramírez

Days and Time:

Mondays from 3:00 - 4:00 pm and
Friday mornings from 7:10 am - 7:40 am



Description:

Classes begin with warm-up exercises using both hands and then the entire class practices together to prepare for the repertoire, achieving consensus and mutual instrumental interpretation. Keyboard Club prepares students to accompany the choir and guitars in the first semester, enabling them to play at a medium level. During the second semester, students manage to play more complex melodies which require interpretive agility.

Scouts

For grades:

1st – 5th grade (boys and girls)

Advisor:

Morena Deysi Cabrera

Days and Time:

Group A on Thursdays and
Group B on Fridays; 3:00 – 4:00pm



Description:

In this club, students learn to be citizens of honor and peace and to serve the Escuela Americana community. Students learn to respect their country, while acquiring an explorer's spirit. Some of the benefits for students is that they're taught to be respectful, organized, to do good deeds and to work as a team.

Reading Club

For grades:

1st and 2nd grade

Advisor:

Ileana Mejía

Days and Time:

Group A: Mondays

Group B: Thursdays

3:00 – 4:00pm

NEW



Description:

This is a brand new club that enhances the love of Reading. Students will be able to read with peers and will gain confidence in reading, expand their vocabulary, improve their reading comprehension, stimulate their mind and reduce stress.

RECREATIONAL SPORTS

Soccer for Boys

For grades:

1st and 2nd grade

Advisor:

Silvia Rivera and Jorge Gómez (1st grade)

Gerardo Guevara and Jorge Ernesto Gómez (2nd grade)

Days and Time:

1st grade

Group A - Mondays and Wednesdays,

Group B - Tuesdays and Thursdays

from 3:00 – 4:00pm

2nd grade

Group A - Mondays and Wednesdays,

Group B - Tuesdays and Thursdays

from 3:00 – 4:00pm



Description:

In Soccer, the fundamental skills of the sport will be taught like passing, receiving and controlling the ball, shooting, and dribbling. Some important values students will develop are teamwork, solidarity, and respect for their peers. The most important thing is for students to have fun while playing the game.

Soccer for Girls

For grades:

1st and 2nd grade

Advisor:

Silvia Rivera/ Jorge Ernesto Gómez

Days and Time:

Fridays from 3:00 – 4:00pm



Description:

In Soccer, the fundamental skills of the sport will be taught like passing, receiving and controlling the ball, shooting, and dribbling. Some important values students will develop are teamwork, solidarity, and respect for their peers. The most important thing is for students to have fun while playing the game.

Gymnastics*

For grades:

2nd – 5th grade

Advisor:

Fátima Estelí Quintanilla Guevara

Days and Time:

1st and 2nd grade (beginners)

Mondays and Wednesdays: 3:00 – 4:00pm

3rd – 5th grade (intermediate)

Tuesdays and Thursdays: 3:00 – 4:00pm



Description:

Gymnastics is for girls who want to work coordination, strength, flexibility and resistance. Work is done on floor, beams, uneven bars, etc. Students will start at a beginner's level with basic exercises and will be able to do more complex ones. Gymnastics students will be able to increase their flexibility and be able to express themselves creatively.

*Costumes for the shows in December and June are paid per student.

Basketball

For grades:

1st – 2nd grade

Advisor:

Estela Barraza

Days and Time:

1st and 2nd grade Girls

Mondays and Wednesdays, 3:00 – 4:00pm

1st and 2nd grade Boys

Tuesdays and Thursdays, 3:00 – 4:00pm



Description:

In Basketball, students will learn the basic rules of the game. The club enables students to have fun playing while developing important skills like hand-eyecoordination, strength, resistance, coordination and team work.

Chess

For grades:

2nd – 5th grade (boys and girls)

Advisor:

Gerardo Antonio Guevara

Days and Time:

Tuesdays and Thursdays, 3:00 – 4:00pm



Description:

Students will learn the basic rules of the game and will benefit from the development of concentration, visual memory, creativity, critical-thinking and problem-solving skills.

Handball

For grades:

2nd grade (boys and girls)

Advisor:

Silvia Rivera

Days and Time:

Mondays and Wednesdays, 3:00 – 4:00pm



Description:

In Handball, students will learn the basic rules of the game and will learn basic skills like throwing, catching and passing. Students will improve hand-eye coordination and work in a team.

Volleyball

For grades:

1st and 2nd grade (boys and girls)

Advisor:

Gerardo Guevara

Days and Time:

Friday, 3:00 – 4:00pm

NEW



Description:

In Volleyball, students will learn the basic rules of the game. The club enables students to have fun playing while developing important skills like hand-eye coordination, coordination and team work in a fun environment.

MIDDLE SCHOOL EXTRA CURRICULAR ACTIVITIES AND CLUBS

Middle School offers numerous club options that provide students with the opportunity to pursue additional academic, leadership, sports, artistic, and social service interests to further their learning experience.

Please note that dates and times change every year.

Activities and clubs Coordinator
Carmen Novoa

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Middle School Student Council

For grades:

6th – 8th grade

Advisor:

Mrs. Anita Serrano

Days and Time:

Mondays during lunch (11:00 A.M.)

Location:

Room 307



Description:

The Middle School Student Council is an organization comprised of Executive Officers, Class Officers, Class Sponsors, and the Student Council Advisor. Membership is open to all students who win their respective office via the election process, who maintain all grades in each class for every reporting period above a 75%, and who do not earn any major infraction while in office. Officers serve as liaisons between the Student Council and their classmates and sponsor. They plan and coordinate various activities to raise funds for their class and class-sponsored charities. The Council works to uphold the Escuela Americana Mission Statement, Code of Conduct, and Honor Code. It encourages scholarship, citizenship, leadership, and community service. It works as an advocate for student concerns and improves communication within the Escuela Americana community. Class Officers and Executive Officers work on different activities to raise funds for their class.

Leadership Seminar Series (LSS)

For grades:

6th – 8th grade

Advisor:

6th grade Ms Katia Bendek- room 207

7th grade Ms. Patricia Villa-Alta - room 306

8th grade – Mr Rawley Butler- room 304

Days and Time:

Mondays – 3:10- 4:00 pm.

Location:

6th grade- Room 207,

7th grade – Room 306

8th grade – Room 304



Description:

The seminar is aimed to provide practical strategies and skills for middle school students and is designed to challenge and assist everyone striving to improve leadership skills by clarifying both what these skills are and how to use them. The main areas include reviewing theories that involve teamwork, and problem-solving and decision-making activities. The seminar also equips challenges and motivates participants to lead in diverse environments. The Leadership Seminar seeks to make participants aware of their capacity and potential for leadership by assessing personal leadership styles, including strengths and weaknesses. At the end of this seminar, participants will have acquired more skills to work collaboratively and build effective teams.

Art

For grades:

6th – 8th grade

Advisor:

Mrs. Luz de María Ruiz de Rodríguez

Days and Time:

Mondays and Wednesdays – 3:10pm – 4:30pm

Location:

MS Art room



Description:

The Art Club offers the opportunity for students to experiment techniques and materials that are not explored during regular class time. Since there is no pressure of time, students relax, learn and have fun!

Computers Club

For grades:

6th – 8th grade

Advisor:

Mrs. Claudia Kreitz

Days and Time:

Mondays and Tuesdays from 3:00 to 4:00 p.m.

Location:

Room 102



Description:

The main objective of the Computers Club is to build and improve skills in students for them to be able to use them to integrate technology in diverse activities both in and outside school. Students develop several technology related activities which include: practicing typing skills, learning about new programs for multimedia presentations, graphic manipulation and basics of graphic design, creation of simple web pages, finishing school related projects that involve research, presentation skills and educational games.

Dance

For grades:

6th – 8th grade

Advisor:

Mrs. Katia Bendek

Days and Time:

Wednesdays from 3:10pm – 4:00pm

Location:

Room 207



Description:

In this club, there will be movement skill development and refinement, sensory integration, expression and originality in movement. Students will benefit from a creative approach to learning, critical and creative thinking, development of self-esteem, self-discipline and direction. The different styles of music include: Salsa, Cumbia, Merengue, Hip Hop, Pop, Rock n' and Roll, Disco, and Cha Cha Cha. Dancers also present during the Middle School Performing Arts Show and at the Bicultural Arts Festival.

Drama Club

For grades:

6th – 8th grade

Advisor:

Ms. Patricia Rodríguez

Days and Time:

Wednesdays, 3:15pm – 4:30pm

Location:

Art Center, Room 401



Description:

Drama Club is for students who enjoy acting. The Drama Club aims to build students' self-confidence, creativity, teamwork abilities, self-discipline and presentation skills. Students learn acting skills and teamwork while having fun. Students begin by playing theatrical games and improvising. The Club presents during the quarterly Middle School Performing Arts Show.

Humanitarian Club

For grades:

6th – 8th grade

Advisor:

Mrs. Beatriz Salaverría

Days and Time:

Thursdays, 3:00 – 4:00pm

Location:

Room 103



Description:

Humanitarian Club's main objective is to contribute in some way to patients and their families with basic necessities they lack. The Club is made up of students who want to help others in need. We do visits to Hospital Bloom so that our students can spend some time with children undergoing chemotherapy and to distract and give these children a change in routine and fill them with positive attitude. Besides visiting the patients, we raise money to make donations. The donations will vary according to the hospital's needs but include hygiene kits, Christmas presents and Pediasure for children undergoing chemotherapy. according to the hospital's needs but include hygiene kits, Christmas presents and Pediasure for children undergoing chemotherapy.

Knowledge Bowl Club

For grades:

6th – 8th grade

Advisor:

Mrs. Alexandra Porzio

Days and Time:

Tuesdays during lunch

Location:

Room 201



Description:

Knowledge Bowl Club is designed to increase interest and involvement in academics. It heightens student interest in various disciplines and it challenges students' general knowledge skills, develops their self-confidence, and rewards them for their achievement. Students answer a series of questions related to language, science, mathematics, social studies, and the fine arts. An annual tournament is hosted by one of the ASCAA member schools. During the tournament, students will need to answer questions from a variety of sources.

Mathcounts

For grades:

6th – 8th grade

Advisor:

Mr. Jess Rojas

Days and Time:

Wednesdays during lunch and Thursdays
from 3:00pm - 4:00pm

Location:

Room 309 and STEAM Lab



Description:

Mathcounts is an international middle school mathematics program that promotes mathematics achievement through a series of fun and engaging “bee” style contests. Also, Mathcounts Club includes Math Relay which is a relay style event where students must solve middle school level math problems. The club aims to promote problem solving in middle school by providing students with advanced mathematical problems and competitive events. Mathcounts School Competition takes place in November, the Regional Competition takes place in February and the State Competition takes place in March.

Music Club

For grades:

6th – 8th grade

Advisor:

Mr. Carlos Velasco, Mr. Gilberto Rojas

Days and Time:

Tuesdays and Thursdays from 3:00 pm to 3:45 pm

Location:

Music room 402



Description:

In the music club students receive more personalized musical education, studying more complex musical techniques as well as embodiments of assemblies with different instruments. Students participating in the club show their musical skills in school assemblies such as awards assemblies, arts festivals and they also participate in the Bicultural Arts Festival. The objective of the Club is to form a band in which students can explore more in depth the execution of the instrument they play in class, improving technique and acquiring skills.

National Junior Honor Society

For grades:

6th – 8th grade

Advisor:

Mrs. Agnes Dutriz and Mrs. Carmen Novoa

Days and Time:

Tuesdays from 3:10- 4:00 PM- plus any extra days we do community service.

Location:

Room 202



Description:

The National Junior Honor Society is run by a group of well-rounded students that have demonstrated the 5 pillars of the NJHS (scholarship, citizenship, character, leadership, and service) who wish to make our country a better place. We do leadership activities and fundraisers to raise funds that are used to help out children with cancer, people with cerebral palsy, give food, teach values and English to children in need. We work together with other school divisions to create fundraising activities that will benefit our community. We also try to motivate the community to be conscious of the world around them. We encourage our students to lead their own projects and their peers as they gain leadership skills that will help them later on in their lives.

Photography Club

For grades:

6th – 8th

Advisor:

Mrs. Rocio Rugamas

Days and Time:

Mondays and Wednesdays, from 10:55 – 11:35am

Location:

Room 102



Description:

The Club provides students interested in photography a fun opportunity to come together to share, learn, and develop basic photographic skills. Students work in short assignments and may use their iPhones, iPads or digital cameras. “Official Photographers” will be selected to cover events for the school. Students will exhibit their work.

*Each student is responsible to print their own photos.

Science-Robotics-Ecology Club

For grades:

6th – 8th

Advisor:

Mrs. Alexandra Porzio and Ms. Ximena Rodríguez

Days and Time:

Tuesday at 3:10pm in room 201

Location:

Room 208



Description:

The Club is in charge of recycling paper in the Middle School area and the Amphitheater. We also try to promote ecology awareness within the Middle School community; motivating students to recycle, reuse, and reduce throughout the school year. Club members are given the responsibility of taking care of a living organism; in this case, the Guinea pig and various fish tanks. They are in charge of cleaning, feeding, and attending their basic needs. Another activity the club offers is Robotics. Students build different models, learn how to program the robot, and give it instructions to complete different tasks.

The Singing Club (Choir)

For grades:

6th – 8th grade

Advisor:

Ms. Patricia Villa-Alta

Days and Time:

Wednesdays during lunch or from 3:00 – 4:00pm

Location:

Room 306



Description:

This club is an informal singing gathering of amateur performers, joined together by a common joy of music, singing, performing, and having a good time. All types of music (pop, classic, opera, Spanish, English) are practiced. Warming up exercises and techniques will be researched and implemented as well. Students will sing in the Bicultural Arts Festival.

Young Authors Club

For grades:

6th – 8th grade

Advisor:

Ms. Allie Walker

Days and Time:

Thursdays - 3:10pm – 4:00pm

Location:

Room 305

NEW



Description:

In the Young Authors Club, students that are excited and interested about creative writing have the opportunity to work on their own projects – poetry, prose, plays, song lyrics, graphic novel, etc. During club meetings, students workshop and critique works in progress (WIP) and participate in activities to strengthen and develop creative writing skills. Between meetings, students write and revise their own work. Some sessions will also be spent formatting and submitting writing to competitions, anthologies, and other possible routes of publication.

Model United Nations (mun)

For grades:

6th – 8th grade

Advisor:

Mr. Rawley Butler

Days and Time:

Wednesdays and Thursdays, 3:10 - 4:00 pm

Location:

Room 304



Description:

The Model United Nations (MUN) club provides an enriching debate on complex current and past conflicts to reach a consensus on possible resolutions. In addition, it provides an environment of open mindedness in the pursuit of internationalism. Each year in the fall there is a MUN simulation event that brings together middle and upper school students from different schools. The event is a great opportunity for students to share their perspectives, culture, and ideas and a wonderful way for students to learn about real world issues. Throughout the year, MUN students continue to meet to engage in ongoing debates about current world issues.

UPPER SCHOOL CLUBS

The Upper School has a variety of club options that provide students with the opportunity to pursue additional academic, leadership, sports, artistic, and social service interests to further their learning experience.

Please note that dates and times change every year.

Activities and clubs Coordinator
Mario Martinez

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2528-8275

G-40

For grades:

9th -12th grade

Advisor:

Blanca Monge

Days and Time:

Mondays during lunch



Description:

The G40 Leadership Group is made up of service-oriented high school leaders. Its main objective is to project a positive image of EA utilizing community service as the main tool. Students apply to be members and membership lasts for a full school year. Students are expected to fully engage in all club activities and they're evaluated by their pillar leaders (Leadership, Values, Service and Spirit). Continued membership is determined by leaders based on participation, attendance, commitment to club activities and objectives.

Model United Nations

For grades:

9th -12th grade

Advisor:

Elise Thompson

Days and Time:

Wednesdays during lunch



Description:

In Model United Nations (MUN), students typically roleplay United Nations delegates and simulate UN committees. This activity takes place at MUN conferences, which is usually organized by a high school or college MUN club. Thousands of middle school, high school, and college students around the world participate in Model United Nations, which involves substantial researching, public speaking, debating, and writing skills, as well as critical thinking, teamwork, and leadership abilities.

TUFH

For grades:

9th -12th grade

Advisor:

Carlos Clemente

Days and Time:

Wednesdays during lunch



Description:

TUFH is a group of Upper School students that are seeking to create a conscious society promoting a healthy lifestyle. TUFH creates campaigns against drinking, smoking, drug abuse, anorexia, among others. It also offers support to other health events such as Breast Cancer Awareness, or HIV Awareness Day.

Ecology

For grades:

9th -12th grade

Advisor:

Viviana Paz

Days and Time:

Thursdays from 3:00pm – 4:00pm



Description:

The Ecology Club's objective is to encourage environmental stewardship through thoughtful action in conservation and recycling thereby fostering a personal and community-wide sense of environmental responsibility. The club is in charge of maintaining the current paper collection program of the upper school and members work together with all school divisions to maintain the 'recycling centers'. In meetings, diverse issues related to the school's environment are discussed. Also, guest speakers from organizations like SalvaNATURA, FUNZEL, ASIPLASTIC, or MARN are invited to present their current projects.

National Honor Society (NHS)

For grades:

9th -12th grade

Advisor:

Melvin León and Mario Martínez

Days and Time:

Tuesdays during lunch



Description:

The NHS was established to recognize outstanding high school students. More than just an Honor Roll, NHS serves to honor students who have demonstrated excellence in the areas of scholarship, leadership, service, and character. The objective of the NHS is to create an enthusiasm for scholarship, to stimulate a desire to render service, to promote worthy leadership and to encourage the development of character in all students at Escuela Americana.

Engineering and Technology

For grades:

9th -12th grade

Advisor:

Nery Bonilla

Days and Time:

Wednesdays during lunch



Description:

In this club, students are able to learn about the various engineering areas of study. Students learn how engineering helps to solve problems in real life and they also become familiar with the role of engineers in the community. Students also have the opportunity to learn about basic programming, technical support and everything related to technology in theory and practice.

Photography

For grades:

9th -12th grade

Advisor:

Gilberto Campos

Days and Time:

Mondays from 3:00pm – 4:00pm



Description:

The Club provides students interested in photography an opportunity to come together to share, learn, and develop photographic skills in an environment that is mutually supportive and encourages growth of artistic vision and technical knowledge. Students work in short assignments, community based projects as a part of social service, critiques and artistic exploration.

INTERACT Rotary

For grades:

9th -12th grade

Advisor:

Raúl Erazo

Days and Time:

Thursday after school



Description:

INTERACT seeks to promote community service through friendship. It supports various organizations in need and its members play sports and games to bring joy and happiness to the needy.

Student Council

For grades:

9th -12th grade

Advisor:

Blanca Monge

Days and Time:

Wednesdays during lunch



Description:

The Executive Government is a group of four elected student leaders. These same leaders also head the four pillars of the G40 Leadership Group. As Executive Government, they work with the class officers in activities which pertain to the entire Upper School student body.

The main objective is to project a positive image of EA utilizing community service as the main tool. The Executive Government also serves as a liaison between student concerns and ideas with the Upper School Administration.

Knowledge Bowl

For grades:

9th -12th grade

Advisor:

Casey McHugh

Days and Time:

Wednesdays after school



Description:

Knowledge Bowl is the name for several interdisciplinary academic quiz bowl-like competitions across the United States and the world. The Club prepares its members for the competition and members learn about different disciplines.

Drama

For grades:

9th - 12th grade

Advisor:

Alejandra Nolasco

Days and Time:

Thursdays during SSH



Description:

The Upper School Drama Club will give students an opportunity to participate in theatre activities without necessarily having to be enrolled in Drama Class. Students will be exposed to different aspects of theater including impromptu skits, character development, team building, and of course, a lot of fun. The club will work on creative thinking skills, encourage teamwork, and provide students with enriched learning experiences in the area of performing art. The club is run by a large group of creative, imaginative and passionate students aiming to share with the community the powerful expression of theatre. The Drama Club seeks to inspire students to find themselves in their own expressive possibilities.

The Muse

For grades:

9th - 12th grade

Advisor:

Rex Morrison

Days and Time:

Fridays during lunch



Description:

The Club seeks to encourage students to share their art and creative writing with their classmates and to encourage excellence in writing and art. Club members will choose from submissions, decide on the magazine's layout, publish, and distribute copies. The Club tries to encourage students to write more and express themselves and to have a place to showcase their literary and artistic talent. Club members will advertise for submissions and then decide upon which submissions to print. The magazine will be published in the spring.

Key Club

For grades:

9th -12th grade

Advisor:

Elise Thompson

Days and Time:

Thursdays from 3:00pm – 4:00pm

NEW



Description:

Key Club members around the world are learning how to lead and stand for what's right through service and volunteerism. In partnership with their local Kiwanis club, high school students are making a positive impact as they serve others in their schools and communities.

LOWER SCHOOL COMPETITIVE

SPORTS PRACTICE SCHEDULE 17-18

Competitive Sports Coordinator
Cristian Alvarado

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2528-8215



Soccer

U10

**Born 2009
and 2010**

Girls

Monday, Wednesday and Friday	3:00-4:30pm	Upper Field
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Boys

Monday, Wednesday and Friday	3:00-4:30pm	Lower School Field
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U12

**Born
2007-2008**

Girls

Monday, Tuesday and Thursday	3:00-4:30pm	Upper Field
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Boys

Tuesday, Thursday and Friday	3:00-4:30pm	Lower School Field
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Basketball



U10 (Pre Mini)

Born 2009 and 2010	Girls		
	Monday, Wednesday and Thursday	3:00-4:30pm	BKB Court No. 2 and Volleyball Court
	Boys		
	Tuesday, Wednesday and Thursday	3:00-4:30pm	BKB Court No. 3 and Volleyball Court

U12 (Mini)

Born 2007-2008	Girls		
	Monday, Tuesday and Thursday	3:00-4:30pm	Court No. 1 (covered)
	Boys		
	Monday, Wednesday and Friday	3:00-4:30pm	Court No. 4 (next to TLC)

Volleyball

U12

Born 2007, 2008 and 2009	Girls		
	Tuesday, Wednesday and Friday	3:00-4:30pm	Lower School Field
	Boys		
	Tuesday, Wednesday and Thursday	3:00-4:30pm	Lower School Field



Handball

U12

Boys and Girls

**Born 2007,
2008
and 2009**

Wednesday, Thursday and Friday

3:00-4:30pm

Upper School Field



Track and Field

U10 Infantile C

**Born 2009
and 2010**

Girls

Tuesday and Thursday

3:00-4:30pm

Upper Field

Boys

Tuesday and Thursday

3:00-4:30pm

Upper Field

U12 Infantile B

**Born 2007
and 2008**

Girls

Monday and Wednesday

3:00-4:30pm

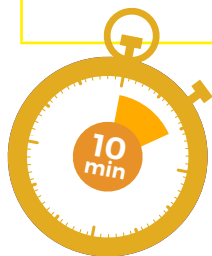
Upper Field

Boys

Monday and Wednesday

3:00-4:30pm

Upper Field



NEW

Multi-Sport package



Soccer-Basketball-Volleyball:

for students that want a more rounded sports experience participating in three sports throughout the school-year instead of one all year.

Soccer:

August-December;

Basketball:

January-March;

Volleyball:

March-May.



U10

Girls

Monday, Wednesday & Friday	3:00-4:30pm
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Boys

Monday, Wednesday & Friday	3:00-4:30pm
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U12

Girls

Monday, Tuesday & Thursday	3:00-4:30pm
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Boys

Tuesday, Thursday & Friday	3:00-4:30pm
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*This is different than signing up for two year-long sports, which is still an option for those that want to participate in two sports simultaneously all year. The same uniform will be used for the three sports.

MIDDLE AND UPPER SCHOOL COMPETITIVE

SPORTS PRACTICE SCHEDULE 18-19

Competitive Sports Coordinator
Cristian Alvarado

alvarado.cristian@amschool.edu.sv
2528-8215



U14			
Born 2005-2006*	Girls		
	Monday, Wednesday and Thursday	3.00-4.30pm	Upper Field
	Boys		
	Monday through Friday	3.00-4.30pm	Upper Field
	Boys		
	Tuesday, Wednesday and Friday	3.00-4.30pm	Upper
U16			
Born 2003-2004	Girls		
	Monday, Tuesday and Friday	3.00-4.30 pm	Upper Field
	Wednesday	4:30-6:00 pm	Lower School
	Boys		
	Tuesday, Thursday and Friday	3.00-4.30 pm	Upper Field
	Monday	4:30-6:00 pm	Lower School
Varstiy			
Born 2002 or before	Girls		
	Monday, Tuesday, Wednesday, Thursday and Friday	4:00-6:00p.m.	Upper Field
	Boys		
	Monday, Tuesday, Wednesday, Thursday and Friday	4:00-6:00p.m.	Upper Field

* For the first month all **boys** will practice together. Following that they will be separated into two groups and only practice three days per week.



Basketball



U14 (Pasarela)

Born 2005-2006	Girls		
	Tuesday and Wednesday	3.00-4.30pm	Court # 1
	Thursday and Friday	3.00-4.30pm	Court # 2
	Boys		
	Monday, Tuesday and Friday	3.00-4:30pm	Court # 2
	Thursday	3.00-4:30pm	Gym

U16 (Cadetes)

Born 2003-2004	Girls		
	Monday, Tuesday, Wednesday, Thursday and Friday	4:00-6:00p.m.	Court # 2/Gym
	Boys		
	Monday, Tuesday, Wednesday, Thursday and Friday	3:00-4:30p.m.	Court #1/Gym

Varsity

Born 2002 or before	Girls		
	Monday, Tuesday, Wednesday, Thursday and Friday	4:00-6:00p.m.	Court # 2/Gym
	Boys		
	Monday, Tuesday, Wednesday, Thursday and Friday	4:00-6:00p.m.	Court # 1/Gym

Volleyball

U14

**Born
2005-2006**

Girls

Monday, Wednesday, Thursday and Friday

3:00-4:30p.m.

Court # 3

Boys

Tuesday, Wednesday, Thursday and Friday

3:00-4:30pm

Court # 2

U16

**Born
2003-2004**

Girls

Monday, Tuesday, Wednesday and Thursday

3:00-4:30p.m.

Court #1

Boys

Monday, Tuesday, Wednesday, Thursday and Friday

4:00-6:00p.m.

Court # 1/Gym

Varsity

**Born 2002
or before**

Girls

Monday, Tuesday, Wednesday, Thursday and Friday

4:00-6:00p.m.

Court # 2/Gym

Boys

Monday, Tuesday, Wednesday, Thursday and Friday

4:00-6:00p.m.

Court # 1/Gym



Handball

U14

**Born
2005-2006**

Girls

Monday, Wednesday, Thursday
and Friday

3.00-4:30pm

Court # 3

Boys

Tuesday, Wednesday, Thursday
and Friday

3.00-4:30pm

Court # 2

U16

**Born
2003-2004**

Girls

Monday, Tuesday, Wednesday
and Thursday

3.00-4:30pm

Court #1

Boys

Monday, Tuesday, Wednesday,
Thursday and Friday

4:00-6:00p.m.

Court # 1/Gym

Varsity

**Born 2002
or before**

Girls

Monday, Tuesday, Wednesday,
Thursday and Friday

4:00-6:00p.m.

Court # 2/Gym

Boys

Monday, Tuesday, Wednesday,
Thursday and Friday

4:00-6:00p.m.

Court #1/Gym



Track and Field

Cross Country



U14 Infantile A

**Born
2005-2007**

Girls

Monday, Tuesday,
Wednesday and
Thursday

3.00-4.30pm

Upperfield

Boys

Monday, Tuesday,
Wednesday and
Thursday

3.00-4.30pm

Upperfield

U16 / U19

Juvenile C, B and A

**Born
2000-2004**

Girls

Monday, Tuesday,
Wednesday, Thursday
and Friday

4.00-6:00pm

Upperfield

Boys

Monday, Tuesday,
Wednesday, Thursday
and Friday

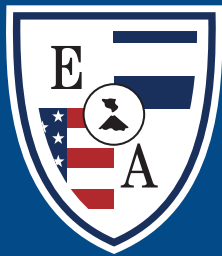
4.00-6:00pm

Upperfield

climbing



U12 Infantile A			
	Girls and Boys		
Born 2007-2008	Tuesday and Friday	3.00-4:30pm	Upper Field
U14 Juvenile B			
	Girls and Boys		
Born 2005 -2006	Monday, Wednesday and Thursday	3.00-4:30pm	Upper Field
U16 Infantile A			
	Girls		
Born 2003-2004	Monday, Tuesday, Wednesday and Thursday	4:00-6:00p.m.	Upper Field
Varsity			
	Boys		
Born 2002 or before	Monday, Tuesday, Wednesday and Thursday	4:00-6:00p.m.	Upper Field



Catalog 2018-2019

Revised June 2018



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